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TIPPECANOE



YOUTH RUNNING CLUB

Do you like to run?

If your answer is yes, then you need to check out the new youth running club sponsored by Tippecanoe High School Cross Country Team.

Who can run?

The club is open to kids of all ages. Parents are encouraged to participate, too.

What does it cost?

It is free, just fill out the entry form and mail it in, or register online www.tippxc.com/hermes.html



Where?

Tippecanoe Track Complex (Howell Field)

When?

June 8^h (track), June 15th (track), June 22th (track), June 29th (Kyle Park)

Time?

6:00 p.m.-7:30 p.m.

What to expect?

The purpose of the club is to provide young runners the opportunity to learn the importance of stretching, proper footwear, and running form.....more importantly.....they get to run! Each session features a warmup activity. Then, runners can choose to compete in a variety of distances in a track format style event. The final session will be a timed 1 mile cross country race at Kyle Park.

Send entry to Hermes Running Club, 1716 Curry Branch Dr. Tipp City, OH 45371

Name _____ Age _____ Gender: M F
 Address _____ City _____ State _____
 Zip _____ Phone _____ Shirt Size (youth): S M L (Adult): S M
 Email Address _____

In consideration of my entry, I do for myself, my executors, administrators, and assignees, do hereby release and discharge the Tipp City Exempted Village School District, the Tippecanoe Cross Country Program, and all other sponsors for all claims damages, demands, actions whatsoever in any manner arising or growing out of my participation in said athletic event. I attest and verify that, I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate in this event.

Signature (Parent or guardian) _____